

# 16 PERSONALITIES

## *Part 1: Introvert Types*



A few years ago, I got an advertisement about the 16 personalities quiz. I thought it would be fun to take it. I didn't really think anything of it but was curious if I could find myself in the result. The personality type that emerged from my answers was: 'INFJ-A', better known as the 'Advocate'. That I was an introvert was nothing new to me, but the other letters didn't tell me anything. However, when reading all the different elements of my personality type I realized how much this quiz was accurate for me. Sometimes even a little confronting.

There are 8 introverted personality types existing of 4 letters. Every type begins with the 'I' which stands for '**Introversion**'. Then there is a distinction made between '**Intuition (N)**' and '**Sensing (S)**', which tells you something about the way you prefer to take in information. '**Thinking (T)**' and '**Feeling (F)**' tells you something about which way you prefer to make decisions. '**Perceiving (P)**' and '**Judging (J)**' indicates the way you prefer to live your outer life.

Each personality type can be broken down into an '**Assertive (A)**' type and a '**Turbulent (T)**' type, which are represented by the last letter of the acronym. Assertive types are calmer and worry less, while turbulent types are more perfectionists and sensitive to how others see them.

# ANALYSTS

## INTJ-A / INTJ-T Architect

Architects are one of the rarest personality types. They are rational, independent, determined, curious, but they can also be overly critical, and reject emotions. In relationships architects value honesty, intelligence, and depth, however they have the tendency to approach relationships strategically and with a plan for achieving the relationship. As friends they don't spend time on just anyone but are looking for meaningful connections. An easy and comfortable job isn't something that an architect is most likely to settle for and they prefer independent positions, such as project managers, strategists, management consultants and so on.

Click [here](#) for more information on the personality type Architect.

## INTP-A / INTP-T Logician

Most influential scientists and philosophers have been logicians. They are just as the architect curious, but also open-minded, objective, and original. However, they can be insensitive, impatient, and perfectionistic. The ideal relationship for a logician is with someone who is an equal and who can challenge their ideas. They won't take a good relationship for granted. Logicians also look for intellectual depth in friendships and are not always easy to open. However, when you do have a logician as your friend, they can surprise you with their imagination and interesting things they say. A lot of logicians become analysts, scientists, and researchers.

Click [here](#) for more information on the personality type Logician.

# DIPLOMATS

## INTJ-A / INTJ-T Advocate

People such as Martin Luther King and Nelson Mandela were advocates. Advocates are creative, insightful, passionate, idealistic, and want to make a difference. However, they can be sensitive to criticism, perfectionistic, and vulnerable to burnout. On romantic level, advocates won't settle very easily. They are looking for depth in their relationship and will only go for a 'true love' match. A few meaningful friendships are enough for them. When they can talk to someone about their passions, beliefs, and interests, they will light up. The ability to imagine many possibilities is the reason why advocates tend to struggle when deciding on a job. Many gravitate toward occupations such as counselors, psychologists, teachers, or in music, writing, photography, and so on.

Click [here](#) for more information on the personality type Advocates.

## INTP-A / INTP-T Mediator

Mediators are likely to daydream a lot and invent stories in their minds. They are very empathic, generous, open-minded, and creative. However, they can be unrealistic, unfocused, self-critical, and self-isolating. Just like advocates, mediators believe in the power of true love and won't settle for less than a true soulmate. Therefore, the reality of dating can come as a shock. Mediators can find it difficult to make friends because they love their alone time but are vulnerable to loneliness. Besides, they crave to feel well-liked, however hate the idea of pretending to be someone they are not. With true friends, these insecurities disappear. Mediators are most likely to become writers, composers or choreographers. They also tend, just like advocates, to become working in psychology, teaching, and counseling.

Click [here](#) for more information on the personality type Mediator.



# SENTINELS

## ISTJ-A / ISTJ-T Logistician

Logisticians make up a large part of the overall public. They are honest and direct, calm, responsible, and strong-willed. However, they can be stubborn, insensitive, and judgmental. In relationships dependability and honesty are the main values for logisticians, which makes them very dedicated partners. Therefore, it is no surprise that logisticians are also very loyal, trustworthy, and dependable in their friendships. They will stay by the side of the people they care about. Logisticians are focused on long-term careers as lawyers and judges, police and military officers, and detectives.

Click [here](#) for more information on the personality type Logistician.

## ISFJ-A / ISFJ-T Defender

Without defenders the world is less likely to go round. They are supportive, reliable, hardworking, observant, and enthusiastic. However, they can take things personally, repress their feelings, be overcommitted, and refuse to change. It may be hard for defenders to communicate in words how much their romantic partner means to them, but they are good in showing it through making their partner's life pleasant by heartfelt gestures of care and love. Even though many people gravitate toward defenders as friends, defenders do not open easily to someone. They become active in teaching, social work, medicine, therapy, and human resources.

Click [here](#) for more information on the personality type Defender.

# EXPLORERS

## ISTP-A / ISTP-T Virtuoso

Virtuosos enjoy pulling things apart and putting them back together better than they were before. They are optimistic, creative, practical, spontaneous, and relaxed. However, they can be stubborn, reserved, and easily bored. In relationships, virtuosos tend to protect their feelings because they do not know how to express them. For virtuosos it is not hard to make friends with whom they can share their activities. They are most likely to become firefighters, paramedics, detectives, and so on.

Click [here](#) for more information on the personality type Virtuoso.

## ISFP-A / ISFP-T Adventurer

For adventurer's, life is a canvas from their self-expression through clothes to the way they spend their spare time. They are charming, imaginative, passionate, artistic, and curious. But they can also be unpredictable, stressed, and competitive. In relationships, adventurers are hard to get to know, however when you do, they are very warm and enthusiastic. They love spending time doing fun activities with friends. Adventurers mostly become musicians, photographers, and designers.

Click [here](#) for more information on the personality type Adventurer.

**Want to find out which personality type fits you? Do the test [here](#). If you're interested in the extrovert types, stay tuned for next week's part 2!**